



REPUBLIC OF THE PHILIPPINES  
OFFICE OF THE PRESIDENT  
**METROPOLITAN MANILA DEVELOPMENT AUTHORITY**  
(Pangasiwaan Sa Pagpapaunlad Ng Kalakhang Maynila)  
**ISO 9001 : 2015 CERTIFIED**



**METRO MANILA COUNCIL**

**MMDA Resolution No. 21-17**  
**Series of 2021**

**PROHIBITING OUTDOOR EXERCISE IN THE NATIONAL CAPITAL  
REGION DURING THE ENHANCED COMMUNITY QUARANTINE UNTIL  
20 AUGUST 2021 THROUGH THE LOCAL GOVERNMENT UNITS OF  
METRO MANILA**

**WHEREAS**, pursuant to Inter-Agency Task Force for the Management of Emerging Infectious Diseases (IATF) Resolution No. 130-A Series of 2021 dated 29 July 2021, the National Capital Region (NCR) has been placed under the Enhanced Community Quarantine (ECQ);

**WHEREAS**, as of 08 August 2021, per the Department of Health's COVID-19 Situationer in the NCR, the Region accounts for 34% of the COVID-19 cases nationwide with 19,684 active cases and the Health Care Capacity being in the High Risk and Critical Risk levels and the Case Transmission Risk being in the High Case and Critical Case levels in a number of Metro Manila Local Government Units;

**WHEREAS**, the NCR has experienced a surge in the number of COVID-19 cases including confirmed cases of the highly-transmissible Delta Variant that even infects minors;

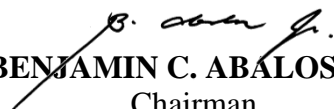
**WHEREAS**, in order to effectively achieve the objective of containing and suppressing the spread of COVID-19 by placing the NCR under ECQ, there is a need for the Non-Authorized Persons Outside of Residence (APOR) to stay at home in the remaining days of the ECQ;

**WHEREAS**, while the Metro Manila Council recognizes the need of the citizenry to engage in various forms of outdoor exercise in order to promote and maintain physical, mental, and emotional health, the Council is also mindful of the fact that staying at home or remaining indoors is one of the best protection against the pandemic during the ECQ;

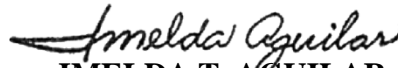
**NOW, THEREFORE**, be it resolved, as it is hereby resolved that, the Metro Manila Council prohibits outdoor exercise in the National Capital Region during the Enhanced Community Quarantine until 20 August 2021 through the Local Government Units of Metro Manila.


This Resolution shall be effective immediately after its publication in two (2) newspapers of general circulation and submission of a copy thereof with the Office of the National Administrative Register, U. P. Law Center.


**APPROVED, ADOPTED and CONFIRMED** this 9<sup>th</sup> day of August 2021 in **Makati City, Metro Manila.**


  
**BENJAMIN C. ABALOS, JR.**  
Chairman


  
**CARMELITA A. ABALOS**  
Mayor, Mandaluyong City

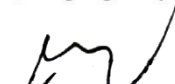
  
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Mayor, Las Piñas City


  
**JOSEFINA G. BELMONTE**  
Mayor, Quezon City


  
**MAR-LEN ABIGAIL S. BINAY**  
Mayor, Makati City


  
**LINO EDGARDO S. CAYETANO**  
Mayor, Taguig City


  
**FRANCISCO M. DOMAGOSO**  
Mayor, City of Manila

  
**JAIME R. FRESNEDI**  
Mayor, Muntinlupa City


  
**REXLON T. GATCHALIAN**  
Mayor, Valenzuela City

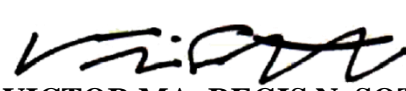
  
**OSCAR G. MALAPITAN**  
Mayor, Caloocan City


  
**EDWIN L. OLIVAREZ**  
Mayor, Parañaque City


  
**ANTOLIN A. ORETA III**  
Mayor, Malabon City


  
**MIGUEL F. PONCE III**  
Mayor, Municipality of Pateros

  
**IMELDA CALIXTO-RUBIANO**  
Mayor, Pasay City

  
**VICTOR MA. REGIS N. SOTTO**  
Mayor, Pasig City

  
**MARCELINO R. TEODORO**  
Mayor, Marikina City

  
**TOBIAS REYNALD M. TIANGCO**  
Mayor, Navotas City

  
**FRANCISCO JAVIER M. ZAMORA**  
Mayor, San Juan City